



## 2009 Fall Program

### Description:

#### ***Mad Dog Water Polo is now in registering for the Fall.***

Mad Dog Water Polo is a Non-Profit program that is dedicated to building the best quality players in the Midwest. Our players have gone on to play in college with scholarships and many are members of regional/zone teams. We would like to travel with every group and hope that the commitment is there to do so with different groups at different times of the year.

We are the only program that runs throughout the year and are excited to have players from many different areas of St. Louis. We are constantly looking for players that want to develop their skills. Those that know the game will find that we focus on to learning the finer points of the game. The program focuses on fundamentals as the key to success. The systems and drills come directly from the **Olympic Development Program**. We will learn the strategy, defensive tactics and mechanics taught to the players selected to fill the Olympic pipeline.

Check out our web site at <http://www.hereweare.net/maddog/>.

#### **We were also the February 2009 United States Water Polo Club of the Month**

#### **Practices: (tentative)**

<b>Tuesday @ Lafayette High School</b>	<b>7:15 – 8:45</b>
<b>Thursday (TBD)</b>	<b>6:30 – 8:00</b>
<b>Speedo Cup Group – some of the players may be asked to practice and participate in the Speedo Cup qualification that will culminate with a tournament in Chicago at the end of October.</b>	
<i>(Information to follow)</i>	
<b>Saturday @ Marquette High School</b>	<b>(ONLY IF NO GAMES) 11:15 – 1:00</b>
<b>Game Situation Drills</b>	

#### **GAMES: (tentative)**

Games will be held with other teams – typically on Saturdays. The games may be at Ladue High School or some other location.

### **Cost:**

**\$175 for all players. Costs for tournaments and leagues *may be* split between participants. Out of town tournaments and travel will be paid for separately. \$25 Discount for bringing a NEW player to the program.**

#### **HEAD COACH – Gregg Emde**

A graduate of Parkway West, Emde was the starting 2-meter for the undefeated State Championship Team. His Junior year, the team was second in the state and his Sophomore year, they were third. He was selected All-State his senior year and also played on the Junior Olympic bronze medal team in the summer prior to his senior year. He also swam for two State Championship swim teams at West. Playing polo in college at Denison University and Ohio University, Emde was selected captain and helped coach the inaugural Ohio University team.

Coach Emde refereed high school polo prior to becoming Marquette High School's Head Coach in 2002. His teams have been to the Final Four twice and the Elite Eight every year but one. The JV program is regularly in the running for the best team in the Conference. He has been selected twice as the Conference Coach of the Year (2007 & 2008) and is one of two Level 3 coaches, through USA Water Polo, in the St. Louis Area. He has been trained at the Olympic Training Center and is one of the coaches for the Midwest Zone Boys' Youth Team, traveling to Zone Championships and other tournaments throughout the country.

Emde has also taken over the Head Swim Coach positions at Marquette in 2007 and has enjoyed an undefeated season and Conference Championship in the boys and a Conference Runner-Up in the Girls.

Coach Emde started Mad Dog Water Polo in 1999 as part of a summer development program. The program that started with 8 players now is one of the largest and most recognized programs from St. Louis.